

# From Our Meat Department

First Light 100% Grass-Fed Boneless Ribeye & Boneless New York Strip \$24.98 lb.

Reg. \$27.98 lb.



#### Late July Mini Cheddar Crackers



\$3.59 Reg.\$4.99

## North Coast Org Apple Cider Vinegar



\$4.79

Reg. \$5.99

### Justin's Almond Butter

\$12.49

Reg. 15.49





August 1-31

## **G** Grocery

blue diamond artisan multiseed nut thins Regularly \$4.19
ripple plant based milk unsweetened Also, Original / Regularly \$5.99\$5.09
inca crops original corn nuts Also, Chili Picante / Regularly \$2.29 \$1.89
new! lono life bone chicken broth k-cups Regularly \$7.29
quest protein bars Assorted Varieties / Regularly \$3.19
gt kombucha Assorted Varieties / Regularly \$3.69 \$3.19
annie's family size macaroni & cheese Assorted varieties / Regularly \$4.59 \$3.59
lillabbe's vegan brownie thins Regularly \$6.29
rj's soft black eating licorice Regularly \$4.69
mrs. meyers lavender fabric softener Regularly 11.99
rebel green landry detergent Regularly \$16.99\$14.99

# Natural & Organic

Canyon bake house heritage breads Gluten Free / Regularly \$8.99 \$7.49
kalona organic 4% cottage cheese Regularly \$6.79
lakewood organic super veggie juice Regularly \$5.49\$4.79
honest juice pouches Assorted Varieties / Regularly \$5.49
siete cassava & coconut tortillas Also, Almond flour / Regularly \$11.99 \$10.49
purely elizabeth ancient grains granola Assorted Varieties / Regularly \$8.49
xomi chocolate covered strawberry bites Also, Banana / Regularly \$5.29
manuvo harvest organic dried mango Also, Papaya & Coconut / Regularly \$3.99 \$3.19
happy tots stage 4 blends Regularly \$1.99
new! clio chocolate covered greek yogurt bars Regularly \$1.79\$1.49
biokleen auto dish pods free & clear 20pk Regularly \$8.29

# Farmwise Veggie Rings



\$4.49 Reg. \$5.69

## Califia Almond Milks



#### Tuscon Tamale Black Bean & Cheese



\$6.49 Reg. \$7.99



# Gochujang Ribs Recipe

Baby back ribs

1 teaspoon gochugaru 1 tablespoon ground ginger 1 tablespoon garlic powder 1 whole rack baby back ribs (about 2 pounds)

Salt and pepper, to taste

Gochujang BBQ sauce 1/3 cup gochujang 1/4 cup rice vinegar 2 tablespoons soy sauce 1 tablespoon sesame oil

1 tablespoon honey 1 tablespoon sugar

1 1/2 teaspoons minced garlic

1 teaspoon minced ginger



- 1. Preheat oven to 250°F. In a small bowl, combine the gochugru, ground ginger, and garlic powder and mix well.
- 2. Remove the membrane from the underside of the ribs if it hasn't already been removed. Place the ribs on a piece of aluminum foil, and salt and pepper both sides generously. Sprinkle the dry rub all over, rubbing in with hands to distribute evenly.
- 3. Wrap ribs up in the foil so the seam is on top. Place on a baking sheet and bake in the oven for 1 1/2 hours.
- 4. Meanwhile, mix together all of the sauce ingredients in a small bowl.
- 5. Remove ribs from oven and open up the foil. Pour sauce all over the ribs, spreading to cover the whole top and sides. Rewrap and place back in oven for 30 more minutes.
- 6. Remove ribs and preheat the broiler. Open up the foil, and spoon residual sauce over the ribs to coat. Broil for about 5 to 10 minutes until well-charred. Cut into individual ribs and serve.







1889

Roberts was established as a butcher shop in the San Francisco Tenderloin District in 1889 by W.F. Roberts. It was at this location that the famous Cambridge sausage recipe, that we still use today, was developed. Shortly, Roberts moved to 2817 California St. and was called the Alta Plaza Market. It was still primarily a meat, fish and poultry store, where almost everything was delivered by horse and buggy. The family lived above the market in a small apartment. William F. Roberts Jr. lived and grew up here with his two younger brothers, Percy and Raymond, and his sister, Blanch. All worked in the business. W.F. Roberts even had his own horse, named Mertile, and buggy for deliveries.

